

Minnesota Health Plan Covered Services for COPD

Health Plan	Contact			1. Does your health plan currently reimburse for pulmonary rehabilitation?			2. Does your health plan cover home oxygen therapy?		3. Do you offer COPD programs or special services?			4. Does your health plan provide reimbursement for an in-home oximeter?		
	Name	Email	Phone	Answer:	Would it vary by product?	Number Covered:	Answer:	Types of oxygen equip. covered:	Answer:	Program:	Enrollment Procedures:	Description:	Answer:	Additional Comments:
Blue Cross and Blue Shield/Blue Plus of Minnesota	Nelson, Lin	lin_m_nelson@bluecrossmn.com	651-662-7123	Yes	No	It is covered by an eligible provider and service should be billed by modality that they are using not as a rehab program.	Yes	Home oxygen equipment ordered by a physician that meets medical policy.	Yes	BluePrint for Health care support (Disease Management)	Claims identification, self-referrals, provider, referrals, referrals from other plan health improvement programs	Our nurses give telephone-based information and support to prevent or lessen the severity of COPD exacerbations. Our program improves member health, reduces total health care costs, and enhances patient satisfaction and care experience. Participation interventions include scheduled and urgent care calls, flu vaccine reminders, educational topics, customized goals, decision support, assessments and a VHS or DVD with 11 educational chapters and exercise video. Brochure available. Contact Jenny Kral, 800-961-4758.	Yes	Home equipment ordered by a physician that meets medical policy
First Plan of Minnesota	Cohen, Stacia	stacia_cohen@bluecrossmn.com	218-529-9952	Yes	Yes	Depends on contract	Yes	Home oxygen equipment ordered by a physician that meets medical policy.	Yes	Case Management High Risk Screens	Case Management RNs Case Management RNs		Yes	Home equipment ordered by a physician that meets medical policy.
HealthPartners	Vamer, DeDee	deanna.d.vamer@healthpartners.com	952-883-5184	Yes, Health Partners covers pulmonary rehab for our members	It's not likely, although a self-insured employer can determine which services benefit.	Physicians determine when pulmonary rehab is needed for a member. We do not track the number of times pulmonary rehab is ordered.	Yes	HealthPartners covers the mask, cannula, tubing unit with regulator, humidity/bubbler, and an oxygen conserving device. We cover oxygen as a liquid system, gas system, or concentrator.	Yes	COPD disease management program	Enrollment: Claims, physician referral, referrals from nursing staff, case management referrals, self-referral	CareSpan offers a chronic respiratory health management program using readiness to change and motivational interviewing. The disease management program is an integrated, coordinated care program to achieve maximum results in the management of members with chronic respiratory conditions including COPD. The program follow national guidelines for COPD. The objectives of the program are: (1) educate and encourage members to self-manage their chronic disease state, and (2) to work in partnership with the member, provider and health plan, to coordinate care and achieve desired outcomes. Desired outcomes include clinical goals, functional goals, and financial goals. For more information, contact Annette Larson, RN, Program Coordinator, 952-687-8461 or annette.z.larson@healthpartners.com. The HealthPartners Respiratory Nurse Clinician offers a COPD class for the HealthPartners Clinic patient with COPD. The information that is covered in class is individualized so it is applicable and pertinent to each patient's personal needs. The class is for patients/family members who may need a refresher on COPD management or those COPD patients who are experiencing multiple hospital/ED/urgent care visits, have trouble with COPD medication compliance, have a difficult COPD medication regime, or need more COPD education than is provided at the primary care clinic level. This class gives the patient the knowledge and tools they need to be an active partner in their COPD care. For more information, or to schedule a class, contact Janet Malkiewicz, RN, Respiratory Nurse Clinician, 651-999-4769, or janet.l.malkiewicz@healthpartners.com.	Yes	Home oximetry is covered for COPD patients. It is generally provided as a component of a home visit with a respiratory therapist.
Medica	Bence, Ken	kenneth.bence@medica.com	952-992-8380	Yes	Generally no, but a self-insured client could specifically exclude the benefit.	As determined by provider based on medical necessity.	Yes	Medicare follows Medicare guidelines. Otherwise, most equipment is covered, except unsafe and convenience items.	Yes	Disease management programs for MCHA Care management on a case-by-case basis	For care management, referral by physician or staff, or Medica care management staff		Yes	Home equipment ordered by a physician that is medically necessary. Purchase or rental determined on need.
Metropolitan Health Plan	Joy, Larry	larry.joy@co.hennepin.mn.us	612-596-0731	Yes, as ordered by a physician with a prior authorization for medical need	No, all are covered	All are covered	Yes	All types—liquid, tanks, O ₂ concentrators, etc.	Yes	COPD Disease Management (Health Education)	Self, physician, nurse practitioner, physician, assistant, nurse, therapist, outreach, etc.	The program uses evidence-based guidelines developed by a recognized authority for telephonic education to prevent and/or reduce exacerbations and complications, and provide member support and referral to community resources as necessary. Disease management programs generally are offered telephonically, involving interaction with a trained nursing professional, and require an extended series of interactions, including a strong educational element. Patients are expected to play an active role in managing their diseases.	Yes	“Required: Physician Order, D ₂ code, Statement of Medical Necessity. Follow DHS Guidelines: Yes for purchase and maint. service (not included in LTC per diem); purchase or rental determined on need (can have daily rental)”
PreferredOne	Clark, Heather	heather.clark@preferredone.com	763-847-3562	Yes	Possibly, but likely to be covered by all product lines.	“PreferredOne Community Health Plan (PCHP)—No limits •PreferredOne Administrative Services (PAS)—Based on benefit •PreferredOne Provider Organization (PPO)—Based on payer.”	Yes	Oxygen equipment is covered. No prior authorization is required.	Yes	LifeMasters Disease Management Program (available for PCHP members and some PAS group members)	Eligible members are identified through claims data and invited into the program by LifeMasters enrollment specialists. Members may also be referred into the program by their physician.	LifeMasters uses individually customized coaching, education, and monitoring by continuously updating the following clinical indicators of each participant: influenza vaccine, pneumonia vaccine, smoker, secondhand smoke, hospitalizations, emergency department visits, no office visits in the last 365 days, spirometry testing, exercise/activity. Program contact information: Elaine Anderson, PreferredOne Disease Management Program Coordinator, 763-847-3337 or elaine.anderson@preferredone.com.	Yes	Although not likely, a self-insured employer can determine which services are covered benefits. No prior authorization required.

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Sanford Health Plan	Carlson, Lisa	carlsoli@sandfordhealth.org	605-328-6859	Yes	No	Minnesota: 1822; Self-insured: 41,883 individuals	Yes	Portable tanks and concentrators	No				Yes	We allow rent to purchase arrangements, however, no pre-authorization is required with plan providers.
UCare Minnesota	Milner, Jodie	jmilner@ucare.org	612-676-3308	Yes	No	Must meet criteria. Normal length of therapy (per the Medicare site) is 6-10 weeks.	Yes	It is based on physician recommendation. Liquid, gaseous, and stationary all covered.	Not at this time				See comments	Medicare does not cover this. Medicaid does cover—can rent for four months and would need prior authorization for any additional months. Would require prior authorization for purchase.
Notes: This information was collected by the Minnesota Council of Health Plans on 5/20/07 and is subject to change. Questions for a specific health plan can be answered by the contact as listed. Questions for the Minnesota Council of Health Plans should be directed to Janny Brust, brust@mnhealthplans.org .							Notes: This information was collected by the Minnesota Council of Health Plans on 6/18/07 and is subject to change. Questions for a specific health plan can be answered by the contact as listed. Questions for the Minnesota Council of Health Plans should be directed to Janny Brust, brust@mnhealthplans.org .							



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