

HOW TO USE THE FORADIL AEROLIZER

1. Pull off the Aerolizer inhaler cover.
2. Hold the base of the Aerolizer Inhaler firmly and twist the mouthpiece in the direction of the arrow to open. Push the buttons in to make sure that four pins are visible in the capsule well on each side.
3. Peel paper backing from foil wrap and push capsule through the remaining foil. Remove capsule from foil **IMMEDIATELY BEFORE USE**.
4. Place the capsule in the capsule-chamber in the base of the Aerolizer Inhaler. Never place a capsule directly into the mouthpiece.
5. Twist mouthpiece back to closed position. Make sure it snaps into place.
6. With the mouthpiece of the Aerolizer Inhaler upright, press both buttons at **ONCE!** You should hear a click as the capsule is pierced.
7. Release the buttons. If the buttons stick, grasp wings on the buttons to retract them before the inhalation step. Do not depress buttons again.
8. Exhale fully. **Do not exhale into the mouthpiece.**
9. Hold the Aerolizer Inhaler horizontally, with the blue buttons to the left and right (NOT up and down). Place the mouthpiece between your lips, tilting head back slightly.
10. Breathe in rapidly but steadily, as deeply as you can. As the capsule spins around, you will experience a sweet taste and hear a whirring noise. If you have not heard the whirring noise, the capsule may be stuck. If this occurs, open the Aerolizer Inhaler and loosen the capsule, allowing it to spin freely. **DO NOT** try to loosen the capsule by repeatedly pressing the buttons.
11. Hold your breath for 10 seconds, or as long as comfortably possible. Exhale slowly.
12. Open the Aerolizer Inhaler to see if any powder remains in the capsule. If powder remains, repeat steps 8-11. Most people are able to empty the capsule in one or two inhalations.
13. Discard the empty capsule. Do not leave it in the chamber.

